



Blood Pressure Cuff Measuring Tool

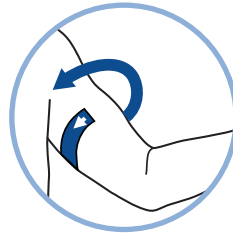
Printing Instructions:

- Print this document at 100% size with no scaling to ensure accuracy.
- Cut the strips leaving the grey tabs on the edge.
- Attach the strips by placing the grey tab beneath the previous strip, apply glue to the grey tab or use tape to attach the strips together.



Measuring Instructions:

- Place and hold the Kroger logo on the thickest part of the left bicep.
- Wrap the measuring tool around the upper arm, as shown in the diagram.
- Once you have your arm size, then reference the cuff chart to select the right size cuff for you.



IMPORTANT NOTE:

- An inaccurate fit can give you the wrong readings.

Arm Cuff Sizes

Arm Circumference	Cuff	Model
9.5" to 13.25"	Medium (M)	Automatic Monitor
8.7" to 16.5"	Wide-Range	Premium Monitor
8.7" to 18.1"	SureFit+	WRRC
12.6" to 20.5"	Extra-Large (XL)	XLSC

Need a Larger Cuff?:

- SureFit+ and Extra-Large cuffs are available through blood pressure customer support:

1-800-568-4147
customer support

