microlife Blood Pressure Cuff Measuring Tool

Printing Instructions:

- Print this document at 100% size with no scaling to ensure accuracy.
- Cut the strips leaving the grey tabs on the edge.
- Attach the strips by placing the grey tab beneath the previous strip, apply glue to the grey tab or use tape to attach the strips together.



Measuring Instructions:

- Wrap the measuring tape around the thickest part of the upper arm as shown in the diagram.
- Once you have your arm size, then reference the cuff chart to select the right size cuff for you.



IMPORTANT NOTE:

• An inaccurate fit can give you the wrong readings.

Microlife Arm Cuff Sizes

Arm Circumference	Cuff Size	Model #
8.7" to 12.6"	Medium (M)	MSC
8.7" to 16.5"	SureFit, Wide-Range	WRSC
8.7" to 18.1"	SureFit+	WRRC
12.6" to 20.5"	Extra-Large (XL)	XLSC

Questions? 1-800-568-4147

www.microlifeusa.com

